LIFE HEALTHCARE GROUP HOLDINGS LIMITED (Incorporated in the Republic of South Africa) (Registration number: 2003/002733/06) ISIN: ZAE000145892 Share Code: LHC ("Life Healthcare" or "the Company")

CHANGES TO THE BOARD - APPOINTMENT OF INDEPENDENT NON-EXECUTIVE DIRECTOR

In compliance with the JSE Limited Listings Requirements, the following information is disclosed:

The board is pleased to announce that Professor Marian Jacobs has been appointed as an independent non-executive director of the Company with effect from 1 January 2014.

Marian Jacobs retired as Dean of the Faculty of Health Sciences at the University of Cape Town in 2012 and currently holds the position of Emeritus Professor, Paediatrics and Child Health, University of Cape Town.

The board welcomes the appointment of Professor Jacobs and looks forward to her contribution.

Illovo 14 November 2013

Sponsor RAND MERCHANT BANK (A division of FirstRand Bank Limited)